

## Useful information

- Courses and/or workshops should be a minimum of at least 10 weeks per term.
- A prerequisite for a organization to become a member of the Leisure Card activities programme is that its operation/programmes adhere to certain intrinsic- and preventative measures/values. That it operate with and under the guidance of qualified instructors at facilities becoming children and young adults.
- The grant may be applied to three separate organizations per term. This enables parents to allocate their payments to a club(s) over the course of the three seasons within that year, or allocate them in one lump sum into one season.

The seasons are as follows:

- Spring January – May 31st.
- Summer June – August 31st.
- Fall September – December 31st.

Any grant residuals, if any, automatically transfer over to a new term, **but are not applicable over to the next year.**



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LEISURE CARD

## SUBSIDIZED RECREATIONAL ACTIVITIES



**Starting in 2008**, all who legally reside in Reykjavik will receive a **IKR 25.000** subsidy for their children's practice fees ages **6-18** years of age (1990–2002). The subsidy is in the form of a **LEISURE CARD**. In 2009 the amount will be **IKR 40.000** per child. With the introduction of the **Leisure Card**, participation in recreational activities won't be dependent on socio- or economic background.

### **Why is it a good thing for a child to partake in leisure activities?**

Studies have shown that children involved in organized recreational activities are less prone to be involved in antisocial behaviour and/or become socially isolated.

With active participation, children will acclimate more readily into new communities, learn the language and make new friends. In addition, their self esteem and self image will improve. Children with a healthy sense of self-worth will more readily acclimate into everyday life.

More than 100 various different types of organizations are associated with the Leisure Activities Card i.e. sports clubs, dance schools, youth organizations and music schools. Making it easy for everyone to find something to their liking. For more information regarding various different organizations associated with the Leisure Card, go to ITR's webpage at [www.itr.is](http://www.itr.is) is under **FRÍSTUNDAKORT** (LEISURE CARD). Isn't there something there your child may want to participate in on a regular basis?



## How can I utilize the LEISURE CARD?



You don't have to apply for the grant. The amount allotted to each guardian's ID number can be found at Rafrænn Reykjavík (Reykjavik Digital) – [www.reykjavik.is](http://www.reykjavik.is) og [www.itr.is](http://www.itr.is). Start by registering your child with a club that is a member in the Leisure Activities Card Club. That club will then register the child with Rafrænn Reykjavík (Reykjavik Digital). Once a child is registered, the grant may be allocated by the guardian.

**Only a guardian with the same legal residence as the child may allocate the grant.**

- Register at Rafræn Reykjavík (Reykjavik Digital) [www.reykjavik.is](http://www.reykjavik.is), Reykjavik Digital and go to INNSKRÁNING (LOGIN). Enter your identification number (ID) in user name and then password in the field below. If registering for the first time and don't have a password, go to NÝSKRÁNING and enter your ID number and email address. A password will be sent to your account on that same day OR you may choose to have it sent by mail by choosing "I want my password to Reykjavik Digital sent to my home address."
- Once logged in, click the tab that says "FRÍSTUNDAKORT" (LEISURE CARD).
- Choose "RÁÐSTAFI STYRK" (ALLOCATE GRANT).
- Select the child's name for whom the grant is for from the drop list. If a particular activities club has already registered a child at Reykjavik Digital, the total amount should appear. If the course does not come up you must contact the club.
- Fill in the allotted grant amount in the appropriate box next to the course of choice and click ÁFRAM (NEXT).
- Make sure the correct information has been submitted. If all the information is correct, click STAÐFESTA (CONFIRM).
- The allotted sum will correspond with a club as soon as it has been allocated or disbursed.
- The sum allocated to a club may not exceed the cost of the course.
- If the cost of a course exceeds the allotted amount, then the difference is to be paid to the club.

### **ATTENTION!**

A grant is non-refundable.  
Familiarize yourself with the club's payment and collection practices!  
Each club has its own cut-off date for disbursement allotments!  
Persons already 18 years of age can register their own ID number and password at Rafræn Reykjavík (Reykjavik Digital).

## Who assists the legal guardians with the allocation of the LEISURE CARD?

A guardian with the same legal residence as the child allocates the grant at Rafræn Reykjavík (Reykjavik Digital).

Should any problems arise while registering, the Telephone Assistance Centre (Síðmaver Reykjavíkur) tel. 411- 1111 will assist you in registering. For those who do not have access to computers, they can contact the staff at the City's Service Centres, who will assist with allocating the grant upon the presentation of an identification card.

- Laugadals and Háaleitis Service Centre, Síðumúla 39
- Vesturbæjar Service Centre, Hjarðarhaga 45-47
- Miðborgar and Hlíða Service Centre, Skúlagötu 21
- Breiðholts Service Centre, Álfabakka 12
- Grafarvogs Service Centre, Langarima 21
- Árbæjar and Grafarholts Service Centre, Bæjarhálsi 1

*All information regarding the Leisure Card can be found on ITR's webpage [www.itr.is](http://www.itr.is). Queries and/or comments can be sent to [fristundakort@itr.is](mailto:fristundakort@itr.is)*

